

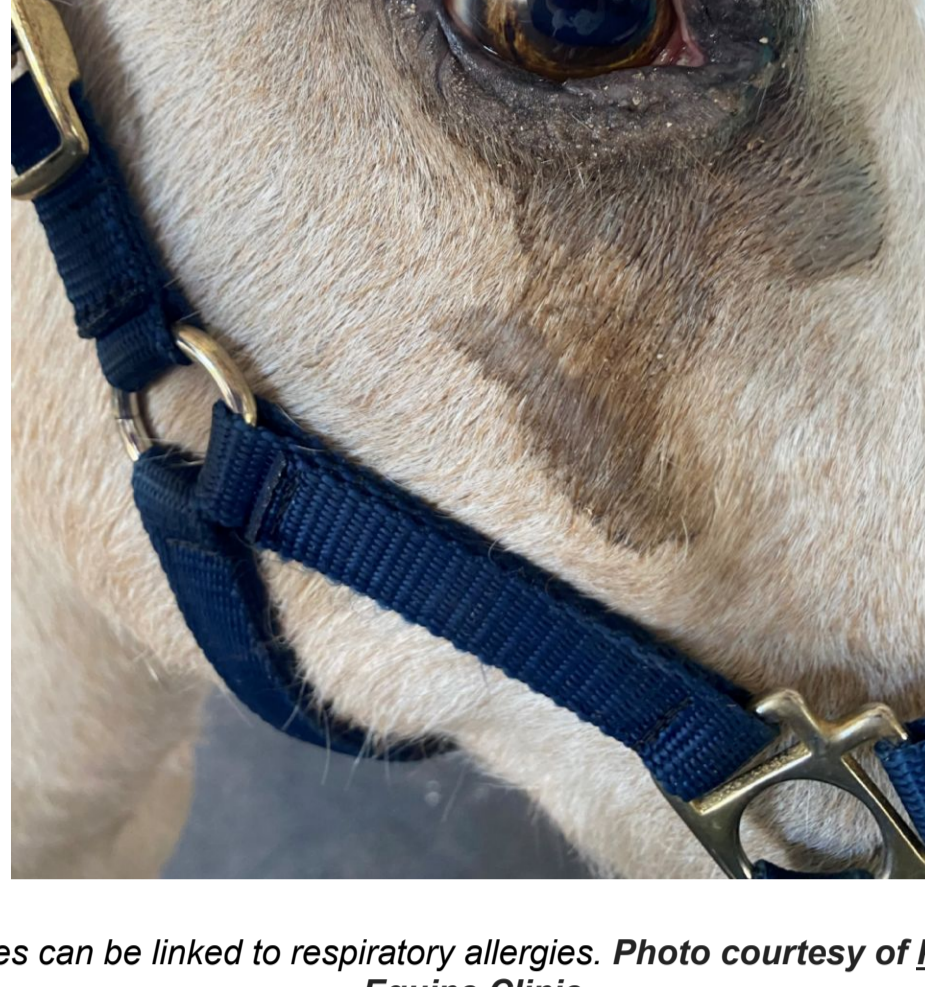
What's in This Newsletter

- Diagnose and Treat Equine Allergies
- What's In My Bag
- PBEC at WEF
- AGDF Winner

Achoo! Manage Equine Allergies With Help from PBEC

Got allergies? Well, chances are, your horses do, too.

With warmer temperatures and spring blooms pushing up pollen levels, it seems like everyone at the barn – human and animal – is coughing and congested. If you have ever wondered what you can do to help a horse suffering from allergies, Palm Beach Equine Clinic veterinarian [Dr. David Priest](#) shares his knowledge on addressing allergies and helping horses breathe easy. In his daily veterinary work, Dr. Priest primarily focuses on equine respiratory health. He is experienced in treating conditions ranging from concerning coughs to obstructive or mechanical issues affecting airway function, such as recurrent laryngeal neuropathy (commonly known as “roaring”).



Tearing eyes can be linked to respiratory allergies. Photo courtesy of [Palm Beach Equine Clinic](#)

Types and Triggers of Equine Allergies

An allergy is an immune system response to a typically harmless substance, called an allergen. Allergic reactions can range from mild, gradual annoyances to sudden and severe. Generally, allergies manifest two ways in horses; in the respiratory tract or as topical skin allergies.

1. Respiratory Allergies

Respiratory allergies are somewhat similar to asthma in humans and are most commonly referred to as inflammatory airway disease. These respiratory allergies are most often caused by environmental allergens, such as dust, mold, and pollen. Nasal discharge, tearing eyes, and coughing can also be linked to respiratory allergies.

An increase in respiratory rate or an increase in respiratory effort – such as labored breathing or exercise intolerance – are two classic signs. Also, when a horse has a thick mucus-like discharge from its nasal passages, it is concerning to veterinarians as it could indicate an infectious type of respiratory illness. A veterinarian can distinguish whether the culprit is an allergen or if there is an underlying mechanical cause of the respiratory issue. Additionally, horses that experience a dramatic change in their environment may be affected. For example, those traveling from New York to Florida may suffer from completely different allergens such as tree pollens or smoke caused by the burning of sugarcane fields.

2. Skin Reactions

Allergies affecting the skin commonly appear as hives, dermatitis, or hair loss. The administration of topical products as well as a change in the type of stall bedding can trigger such reactions. Topical skin reactions can occur in a specific area or cover the horse's entire body. Allergies to the common bacteria Dermatophilosis can occur resulting in a painful skin condition. Oftentimes, antifungal or bacterial shampoos can help alleviate this reaction. Consulting your veterinarian is key to determining if your horse suffers from allergies that may undermine your horse's health or future.

The same allergens that cause respiratory symptoms can also cause skin reactions, but veterinarians tend to approach treatments differently for the two types of reactions.



Allergies affecting a horse's skin commonly appear as hives. Photo courtesy of [Palm Beach Equine Clinic](#)

Click below to learn more about diagnosing and treating equine allergies. Call 561-793-1599 to make an appointment at Palm Beach Equine Clinic to help alleviate allergy symptoms for your horse today!

[Read More](#)

What's in My Bag: Groom's Edition Sponsored by Palm Beach Equine Clinic

Scenes From the Winter Equestrian Festival



Mia Bagnato and Florida N placed second in the \$10,000 SJHOF 1.45m Junior Jumper Classic sponsored by Karlswood at WEF 12. Photo by [Sportfot](#)



Tracey Cover and Vivado PS won in the Masters Jumpers at WEF 9. Photo by [Sportfot](#)



Sophie Gochman and Gabbie BH competed in the \$15,000 SJHOF 1.45m Amateur Jumper Classic sponsored by Lugano Diamonds at WEF 12. Photo by [Sportfot](#)

Congratulations at Adequan® Global Dressage Festival



Congratulations to Beatrice Boucher (CAN) and On Fire, owned by Gilles Bergeron, who won both the CDIYH FEI Preliminary and Final Tests for Five Year Olds sponsored by Palm Beach Equine Clinic with scores of 78.800% and 81.800% at the final week of the Adequan® Global Dressage Festival. Photo by [SusanStickle.com](#)

Catch Up With PBEC on Instagram

pbequineclinic PBEC was on hand at last week's prestigious Longines League of Nations CSIO5* competition at World Equestrian Center - Ocala...

